




RESIDENT ACTIVITY CALENDAR - FEBRUARY 2020

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | |
|--|--|--|--|--|--|---|
| <p>Monday Exercises</p> <p>10:30 Balance Grp./ Laura Physio Rm. 1:00 Balance Grp./Sylvie - Physio Rm.</p> <p>Tuesday Exercises</p> <p>9:15 Balance Grp./Laura Physio Rm. 1:00 Strengthening Grp./Laura D/E 1:00 Strengthening Grp./Sylvie C Activity</p> <p>Wednesday/Friday Exercises</p> <p>10:30 Balance Grp./Sylvie Physio Rm.</p> <p>Thursday Exercises</p> <p>9:30 Strengthening Grp./Sylvie F/G 11:00 Strengthening Grp./Laura D/E 2:15 Balance Grp./Laura Physio Rm.</p> | <p>NOTE CHANGES MAY OCCUR ON THIS CALENDAR</p> <p>Rm Location Abbreviation</p> <p>B/C-Special Care Activity R F/G Activity Room Roxborough Wing D/E Activity Room Villeneuve & Prescott D/C Day Center T/S Townsquare</p> | <p>NOTE</p> <p>One Activity staff member provides 1-1 programming with residents that don't partake in group activities.</p> <p>The following groups main focus is sensory stimulation</p> <p>celts, buttercups, peaches, scots, bluebells, highlanders lassies, sugar cookies & golden moment groups.</p> |  | | <p>1</p> <p>9:3 10: 1:3 2:3 3:1 4:1</p> | |
| <p>2</p> <p>9:30 Java Music Library 10:45 Crokinole B/C 1:15 Hymn Sing B/C 2:30 Pub Hour Townsquare 3:00 Over 90 Club T/S 4:15 Scots B/C</p>  | <p>3</p> <p>9:45 Curling Townsquare 11:00 Golden Moments A - D/ 11:00 Games B/C 1:00 JavaB/C 1:30 Social Circle A Chapel 1:30 Social Circle B D/E 2:30 Pub Hour T/S 3:00 Games Day Center 4:15 Golden Moments B D/E 4:15 Golden Moments C F/G 6:00 Celts B/C 7:00 Peaches Men B/C</p> | <p>4</p> <p>9:15 Lassies B/C 10:30 Friendship Circle Chapel 10:30 Celts B/C 10:45 Hymn Sing C Activity Rm 12:30 Scots B/C 1:15 Buttercups B/C 2:00 Bingo D/E Dining Room 2:30 Pub Hour T/S 2:45 Peaches LadiesB/C 3:00 Golden Moments D -F/G 4:00 Golden Moments C F/G 4:00 Highlanders B/C 4:15 Golden Moments B D/E 6:30 Who Wants to Be Million</p> | <p>5</p> <p>9:15 Library Service 9:15 Mental Aerobics B/C 9:30 Baking Day Center 10:15 Lassies B/C 11:15 GoldenMoments D- F/G 12:30 Scots B/C 1:30 Word Search Chapel 2:30 Pub Hour Townsquare 3:00 Sugar Cookies B/C 3:00 Peaches Men B/C 4:00 Blue Bells B/C 4:00 Rosary Chapel 6:30 Flip Bingo Day Center</p> | <p>6</p> <p>9:15 Blue Bells 9:15Scots B 10:00 Mass- Chapel 10:00 Highlanders B/C 11:00 Lassies B/C 11:00 Buttercups B/C 12:30 Celts B/C 1:00 Golden Moments B - D/E 1:30 Church Service Chapel 2:30 Pub HourT/S 2:45 Cards D/C 3:00 Glengarry News D/E 4:00 Hillbilly Golf T/S 4:15 Golden Moments A D/E 6:00 Sugar Cookies B/C</p> | <p>7</p> <p>9:30 Sing Song T/S 10:00 Buttercups B/C 11:00 Blue Bells B/C 11:00 Highlanders B/C 12:30 Golden Moments C F/G 2:00 Musical Treats C Dining Roor 2:00 Kino D/E Dining Room 2:30 Pub Hour T/S 4:00 Golden Moments D F/G 4:00 Golden Moments A D/E 4:00 Peaches Ladies B/C 6:30 Smarter than a Teacher Chap</p> | <p>8</p> <p>9:3 10: 1:3 2:3 3:1 4:1</p> |
| <p>9</p> <p>9:30 Java Music Library 10:45 Hillbilly Golf B/C 1:30 Hymn Sing B/C 2:30 Pub Hour Townsquare 3:15 Quizzes Chapel 4:15 Scots B/C</p> | <p>10</p> <p>9:45 Bowling Townsquare 11:00 Golden Moments A - D/ 11:00 Games B/C 1:15 JavaB/C 1:30 Social CircleA/B Chapel Tony Beaudette Pics Omega Park & Birds 2:30 Pub Hour T/S 3:00 Crafts Day Center 4:00 Smarter than A Teacher 4:15 Golden Moments B D/E 4:15 Golden Moments C F/G</p> | <p>11</p> <p>9:15 Lassies B/C 10:30 Friendship Circle Chapel 10:30 Celts B/C 10:45 Hymn Sing C Activity Rm 11:30 Diners Lib.12:30 Scots B 1:15 Buttercups B/C 2:00 Bingo D/E Dining Room 2:30 Pub Hour T/S 2:45 Peaches LadiesB/C 3:00 Golden Moments D -F/G 4:00 Golden Moments C F/G 4:00 Highlanders B/C 4:15 Golden Moments B D/E 6:30 Who Wants to Be Million</p> | <p>12</p> <p>9:15 Celts B/C 9:15 Mental Aerobics B/C 10:30 Book Talk Chapel 10:15 Lassies B/C 11:15 GoldenMoments D- F/G 12:30 Scots B/C 1:30 Peaches Ladies B/C 1:30 Word Search Chapel 2:30 Pub Hour T/S 3:00 Peaches Men B/C 3:00 Sugar Cookies B/C 4:00Blue Bells B/C 4:00 Rosary Chapel 6:30 Flip Bingo Day Center</p> | <p>13</p> <p>9:15 Blue Bells 9:15Scots B 10:00 Mass- Chapel 10:00 Highlanders B/C 11:00 Lassies B/C 11:00 Buttercups B/C 12:30 Celts B/C 1:00 Golden Moments B - D/E 1:30 Church Service Chapel 2:30 Pub HourT/S 2:45 Cards D/C 3:00 Glengarry News D/E 4:00 Horseraces T/S 4:15 Golden Moments A D/E 7:00 Valentine's with Rob Taylor</p> | <p>14</p> <p>Happy Valentine's Day ! 9:15 Task Group B/C  11:30 Couples Diners Valentine's Day - Chapel 2:00 Musical Treats C Dining R 3:00 Resident Council Chapel 2:30 Pub Hour T/S 4:00 Golden Moments D F/G 4:00 Golden Moments A D/E 4:00 Peaches Men B/C</p> | <p>15</p> <p>9:3 9:3 10: 10: 1:4 2:4 2:3 3:1 4:1</p> |

SATURDAY



0 Men Only Day Center
45 Sugar Cookies B/C
0 Current Events D/E
0 Pub Hour Townsquare
5 Bingo Day Center
5 Celts B/C

0 Men Only Day Center
45 Sugar Cookies B/C
0 Current Events Chapel
0 Pub Hour Townsquare
5 Bingo Day Center
5 Celts B/C
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0 Men Only Day Center
0 Sugar Cookies B/C
45 Crokinole B/C
45 Fill in the Colour D/C
5 Melody Music T/S
5 Sandbags B/C
0 Pub Hour Townsquare
5 Bingo Day Center
5 Celts B/C

RESIDENT ACTIVITY CALENDAR - February 2020

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|---|---|---|--|
| 16 9:30 Hillbilly Golf B/C 9:30 Java Music Library 10:45 Scots B/C 10:45 Buttercups B/C 1:15 Sing Song B/C 2:00 Anglican Service Chapel 2:30 Pub Hour Townsquare 3:15 Quizzes Chapel 4:15 Sugar Cookies B/C | 17 9:45 Curling Townsquare 11:00 Golden Moments A - D/ 11:00 Games B/C 1:00 Java B/C 1:30 Social Circle A Chapel 1:30 Social Circle B D/E 2:30 Pub Hour T/S 3:00 Games Day Center 4:15 Golden Moments B D/E 4:15 Golden Moments C F/G 6:00 Celts B/C 7:00 Peaches Men B/C | 18 9:15 Lassies B/C 10:30 Friendship Circle Chapel 10:30 Celts B/C 10:45 Hymn Sing C Activity Rm 11:30 Diners Lib. 12:30 Scots B 1:15 Buttercups B/C 2:00 Bingo D/EDining Rm 2:30 Pub Hour T/S 2:45 Peaches Ladies B/C 3:00 Golden Moments D -F/G 4:00 Golden Moments C F/G 4:00 Highlanders B/C 4:15 Golden Moments B D/E 6:30 Who Wants to be Million | 19 9:15 Mental Aerobics B/C 9:15 Library Service 9:30 Baking Day Center 10:15 Lassies B/C 11:15 Golden Moments D- F/G 12:30 Scots B/C 1:30 Word Search Chapel 2:00 Coffee Shop T/S 2:30 Pub Hour Townsquare 3:00 Sugar Cookies B/C 3:00 Peaches Men B/C 4:00 Blue Bells B/C 4:00 Rosary Chapel 6:30 Flip Bingo Day Center | 20 9:15 BlueBells 9:15 Scots 10:00 Mass Chapel 10:00 Highlanders B/C 11:00 Lassies B/C 11:00 Buttercups 12:30 Celts 1:00 Golden Moments B - D/E 1:30 Church Service Chapel 2:30 Pub Hour T/S  2:45 Cards D/C 3:00 Glengarry News D/E 4:00 Sandbags T/S 4:15 Golden Moments A -D/E 7:00 Monthly Birthday Party hosted by Curling Club T/S | 21 9:30 Sing Song T/S 10:00 Buttercups B/C 11:00 Blue Bells B/C 11:00 Highlanders B/C 12:30 Golden Moments C F/G 2:00 Musical Treats B/C 2:00 Kino D/E Dining Room 2:30 Pub Hour T/S 4:00 Golden Moments D F/G 4:00 Golden Moments A D/E 4:00 Peaches Ladies B/C 6:30 Smarter than a Teacher Chapel | 22 9:30 Men Only Day Center 10:45 Sugar Cookies B/C 2:30 Pub Hour Townsquare 3:15 Bingo Day Center 4:15 Celts B/C |
| 23 9:30 Java Music Club Library 10:45 Hillbilly Golf B/C 1:15 Sing Song B/C 3:00 Mennonite Choir T/S 4:00 Pub Hour T/S 4:15 Scots B/C | 24 9:45 Bowling Townsquare 11:00 Golden Moments A - D/ 11:00 Games B/C 1:00 Java B/C 1:30 Social Circle A Chapel 1:30 Social Circle B D/E 2:30 Pub Hour T/S 3:00 Crafts Day Center 4:15 Golden Moments B D/E 4:15 Golden Moments C F/G 6:00 Celts B/C 7:00 Peaches Men B/C | 25 9:15 Lassies B/C 10:30 Friendship Circle Chapel 10:30 Celts B/C 10:45 Hymn Sing C Activity Rm 11:30 Diners Lib. 12:30 Scots B 1:15 Buttercups B/C 2:00 Bingo D/EDining Rm 2:30 Pub Hour T/S 2:45 Peaches Ladies B/C 3:00 Golden Moments D -F/G 4:00 Golden Moments C F/G 4:00 Highlanders B/C 4:15 Golden Moments B D/E 6:30 Who Wants to be Million | 26 9:15 Mental Aerobics B/C 10:15 Lassies B/C 10:30 Book Talk Chapel 11:15 Golden Moments D- F/G 12:30 Scots B/C 1:45 Special Event T/S "LOVE" 2:30 Pub Hour Townsquare 3:00 Sugar Cookies B/C 3:00 Peaches Men B/C 4:00 Blue Bells B/C 4:00 Rosary Chapel 6:30 Flip Bingo Day Center | 27 9:15 Blue Bells B/C 9:15 Scots B/C 10:00 Mass Chapel 10:00 Highlanders B/C 11:00 Lassies B/C 11:00 Buttercups 12:30 Celts 1:00 Golden Moments B - D/E 1:30 Church Service Chapel 2:30 Pub Hour T/S 2:45 Cards D/C 3:00 Glengarry News D/E 4:00 Hillbilly Golf T/S 4:15 Golden Moments A D/E 6:00 Sugar Cookies B/C | 28 9:15 Task Group B/C 10:00 Buttercups B/C 11:00 Blue Bells B/C 11:00 Highlanders B/C 12:30 Golden Moments C F/G 2:00 Musical Treats B/C 2:00 Kino D/E Dining Room 2:30 Pub Hour T/S 4:00 Golden Moments D F/G 4:00 Golden Moments A D/E 4:00 Peaches Ladies B/C 6:30 Smarter than a Teacher Chapel | 29 9:30 Men Only Day Center 9:30 Sugar Cookies B/C 10:45 Crokinole B/C 10:45 Fill in the Colour D/C 1:45 MacLeod Fiddlers Entertaining - Townsquare 2:30 Pub Hour Townsquare 2:45 Sandbags B/C 3:15 Bingo Day Center 4:15 Celts B/C  |

FEBRUARY BIRTHDAYS

Laura Allen 1st
 Rene Cayer 1st
 Marion Roth 4th
 Jacqueline Emburg 5th
 Frances Bray 8th
 Rita Thompson 8th
 Ronald McCrory 14th



Janice Dier 14th
 Stuart MacDonald 16th
 Isabel MacDonell 16th
 Helena Zmijewski 17th
 Marion Adams 18th
 Benedicta O'Byrne 20th
 Hazel Cameron 22nd