



RESIDENT ACTIVITY CALENDAR - JANUARY 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
PHYSIO On Mondays 9:15 F/G Physio with Sylvie 1:15 B/C Physio with Sylvie 2:00 F/G Physio with Lori PHYSIO On Tuesdays 1:00 D/E Physio with Lori Chapel 2:00 B/C Physio with Sylvie PHYSIO On Thursdays 9:15 F/G Physio with Sylvie 11:00 D/E Physio with Lori	* One Activity staff member provides 1-1 programming with residents that don't partake in groups The following groups main focus is sensory stimulation: celts, buttercups, peaches, scots bluebells, highlanders, sugar cookies & golden moments.	NOTE CHANGES MAY OCCUR ON THIS CALENDAR B/C Special Care Activity Room F/G Activity Room Roxborough Wing D/E Villeneuve & Prescott Wings D/C Day Centre T/S Townsquare D/E Dining Room				9:30 Men Only Day Centre 10:45 Sandbags B/C 1:30 Current Events Chapel 2:30 Pub Hour Townsquare 3:30 Flip Bingo Day Center
9:30 Java Music Club Library 11:00 Personal Beauty Touch B/C 1:30 Hymn Sing B/C 2:30 Pub Hour Townsquare 3:45 Quizzes Chapel	9:30 Curling Townsquare 10:45 Golden Moments A - D/E 10:45 Mental Aerobics - Games B/C 12:45 Sugar Cookies B/C 1:30 Social Circle A Group Chapel Group B D/E 2:30 Pub Hour Townsquare 3:30 Arts & Crafts Day Center 4:00 Scots B/C 4:15 Golden Moments C - Chapel 6:15 Sing A Long B/C 7:00 Celts B/C	9:15 Lassies B/C 10:00 Friendship Circle Chapel 10:45 Hymn Sing B Activity Room 11:00 Celts B/C 12:45 Peaches B/C 2:00 Bingo D/E 2:30 Pub Hour Townsquare 3:30 Golden Moments D- F/G 4:00 Buttercups B/C 4:15 Highlanders B/C 4:15 Golden Moments C- Chapel 6:30 Who Wants to be a Millionaire Chapel	9:15 Mental Aerobics - Flip Bingo B/C 9:30 Baking Day Centre 10:15 Golden Moments D- F/G 11:15 Lassies B/C 12:45 Golden Moments A - D/E 1:15 Word Search Chapel 1:30 Coffee Shop T/S 2:30 Pub Hour T/S 3:15 Celts B/C 4:00 Rosary Chapel 4:00 Blue Bells B/C4:00 Scots B/C 6:30 Kino Day Centre	9:15 Blue Bells B/C 9:30 Personal Beauty Touch Day Center 10:00 Mass Fr.Cyril Chapel 11:00 Highlanders B/C11:00 Sugar Cookies B/C 11:00 Lassies B/C 12:45 Golden Moments A - D/E 1:30 Church Service Chapel 2:15 Church Service B Activity Rm 2:30 Pub Hour T/S 3:00 Glengarry News & Views D/E 4:00 Horseshoes T/S4:15 Buttercups B/C 7:00 Birthday Party hosted by CWL 1/S	9:15 Scots B/C 10:15 Buttercups B/C 11:00 Blue Bells B/C 11:00 Highlanders B/C 12:45 Sugar Cookies B/C 2:00 Kino D/E Dining Room 2:00 Musical Treats B Dining Room 2:30 Pub Hour T/S 4:00 Golden Moments C - Chapel 4:00 Golden Moments D- F/G 4:00 Peaches B/C 6:30 Smarter than a teacher Trivia Chapel	9:30 Men Only Day Centre 10:45 Hillbilly Golf B/C 1:30 Current Events Chapel 2:30 Pub Hour Townsquare 3:30 Flip Bingo Day Center
9:30 Java Music Club Library 11:00 Personal Beauty Touch B/C 1:30 Hymn Sing B/C 2:30 Pub Hour Townsquare 3:30 Over 90 Club T/S	9:30 Bowling Townsquare 10:45 Golden Moments A - D/E 10:45 Baking B/C 11:30 Diners Club F/G 12:45 Sugar Cookies B/C 1:30 Social Circle A Group Chapel Group B D/E 2:30 Pub Hour Townsquare 3:30 Games Day Center 4:00 Scots B/C 4:15 Golden Moments C - Chapel 6:15 Sing A Long B/C 7:00 Celts B/C	9:15 Lassies B/C 10:00 Friendship Circle Chapel 10:45 Hymn Sing B Activity Room 11:00 Celts B/C 12:45 Peaches B/C 2:00 Bingo D/E 2:30 Pub Hour Townsquare 3:30 Golden Moments D- F/G 4:00 Buttercups B/C 4:15 Highlanders B/C 4:15 Golden Moments C- Chapel 6:30 Who Wants to be a Millionaire Chapel	9:15 Mental Aerobics - Word B/C 10:30 Book Talk F/G 10:15 Golden Moments D - Chapel 11:15 Lassies B/C 12:45 Golden Moments A - D/E 1:15 Word Search Chapel 2:15 Resident Council Chapel 2:30 Pub Hour T/S 3:15 Celts B/C 4:00 Blue Bells B/C4:00 Scots B/C 4:00 Rosary Chapel 6:30 Bingo Day Center	9:15 Blue Bells B/C 9:30 Personal Beauty Touch Day Center 10:00 Mass Fr.Cyril Chapel 10:00 Highlanders B/C11:00 Sugar Cookies B/C 11:00 Lassies B/C 12:45 Golden Moments A - D/E 1:30 Church Service Chapel 2:15 Church Service B Activity Rm 2:30 Pub Hour T/S 3:00 Glengarry News & Views D/E 4:00 Golf T/S4:15 Buttercups B/C 6:30 Peaches B/C7:15 Library Service	9:15 Scots B/C9:30 Sing Song T/S 10:15 Buttercups B/C 11:00 Blue Bells B/C 11:00 Highlanders B/C 12:45 Sugar Cookies B/C 2:00 Kino D/E Dining Room 2:00 Musical Treats B Dining Room 2:30 Pub Hour T/S 4:00 Golden Moments C - Chapel 4:00 Golden Moments D- F/G 4:00 Peaches B/C 6:30 Smarter than a teacher Trivia Chapel	9:30 Men Only Day Centre 10:45 Basketball B/C 1:30 Current Events Chapel 2:30 Pub Hour Townsquare 3:30 Flip Bingo Day Center
9:30 Java Music Club Library 11:00 Personal Beauty Touch B/C 2:00 Anglican Service Chapel Rev. Jason Polick 2:30 Pub Hour Townsquare 3:45 Quizzes Chapel	9:30 Curling Townsquare 10:45 Golden Moments A - D/E 10:45 Arts & Crafts B/C 11:30 Diners Club D/E 12:45 Sugar Cookies B/C 1:30 Social Circle A Group Chapel Group B D/E 2:30 Pub Hour Townsquare 3:30 Arts & Crafts Day Center 4:00 Scots B/C 4:15 Golden Moments C - Chapel 6:15 Sing A Long B/C 7:00 Celts B/C	9:15 Lassies B/C 10:00 Friendship Circle Chapel 10:45 Hymn Sing B Activity Room 11:00 Celts B/C 12:45 Peaches B/C 2:00 Bingo D/E 2:30 Pub Hour Townsquare 3:30 Golden Moments D - F/G 4:00 Buttercups B/C 4:15 Highlanders B/C 4:15 Golden Moments C -Chapel 6:30 Who Wants to be a Millionaire Chapel	9:15 Mental Aerobics - Flip Bingo B/C 9:30 Baking Day Centre 10:15 Golden Moments D- F/G 11:15 Lassies B/C 12:45 Golden Moments A - D/E 1:30 Coffee Shop T/S Russell Male Choir 2:30 Pub Hour T/S 3:15 Celts B/C 4:00 Rosary Chapel 4:00 Blue Bells B/C4:00 Scots B/C 6:30 Kino Day Centre	9:15 Blue Bells B/C 9:30 Personal Beauty Touch Day Center 10:00 Mass Fr.Cyril Chapel 10:00 Highlanders B/C11:00 Sugar Cookies B/C 11:00 Lassies B/C 12:45 Golden Moments A - D/E 1:30 Church Service Chapel 2:15 Church Service B Activity Rm 2:30 Pub Hour T/S 3:00 Glengarry News D/E 4:00 Sandbags T/S4:15 Buttercups B/C 7:00 Robbie Burns-Paul Villeneuve T/S	9:15 Scots B/C 10:15 Buttercups B/C 11:00 Blue Bells B/C 11:00 Highlanders B/C 12:45 Sugar Cookies B/C 2:00 Kino D/E Dining Room 2:00 Musical Treats B Dining Room 2:30 Pub Hour T/S 4:00 Golden Moments C - Chapel 4:00 Golden Moments D- F/G 4:00 Peaches B/C 6:30 Smarter than a teacher Trivia Chapel	9:30 Men Only Day Centre 10:45 Sandbags B/C 1:30 Current Events Chapel 2:30 Pub Hour Townsquare 3:00 Movie Chapel
9:30 Java Music Club Library 11:00 Personal Beauty Touch B/C 1:30 Sing Song B/C 3:00 Mennonite Choir Townsquare 4:00 Pub Hour Townsquare	9:30 Bowling Townsquare 10:45 Golden Moments A - D/E 10:45 Baking B/C 11:30 Diner Club B/C 12:45 Sugar Cookies B/C 1:30 Social Circle A Group Chapel Group B D/E 2:30 Pub Hour Townsquare 3:30 Games Hour Day Center 4:00 Scots B/C4:15 Golden Moments C-Chapel 6:15 Sing A Long B/C 7:00 Celts B/C	9:15 Lassies B/C 10:00 Friendship Circle Chapel 10:45 Hymn Sing B Activity Room 11:00 Celts B/C12:45 Peaches B/C 2:00 Bingo D/E 2:30 Pub Hour Townsquare 3:30 Golden Moments D - F/G 4:00 Buttercups B/C 4:15 Highlanders B/C 4:15 Golden Moments C -Chapel 6:30 Who Wants to be a Millionaire Chapel	9:15 Mental Aerobics - Word B/C 10:15 Golden Moments D- F/G 11:15 Lassies B/C 12:45 Golden Moments A - D/E 1:45 Special Event Townsquare 2:30 Pub Hour T/S 3:15 Celts B/C 4:00 Blue Bells B/C4:00 Scots B/C 4:00 Rosary Chapel 6:30 Bingo Day Centre	9:15 Blue Bells B/C 9:30 Personal Beauty Touch Day Center 10:00 Mass Fr.Cyril Chapel 10:00 Highlanders B/C11:00 Sugar Cookies B/C 11:00 Lassies B/C 12:45 Golden Moments A-D/E 1:30 Church Service Chapel 2:15 Church Service B Activity Rm 2:30 Pub Hour T/S 4:00 Horseshoes T/S4:15 Buttercups B/C 6:30 Peaches B/C7:15 Library Service	9:15 Scots B/C9:30 Sing Song T/S 10:15 Buttercups B/C11:00 Blue Bells B/C 11:00 Highlanders B/C12:45 Sugar Cookies B/C 2:00 Kino D/E Dining Room 2:00 Musical Treats B Dining Room 2:30 Pub Hour T/S 4:00 Golden Moments C - Chapel 4:00 Golden Moments D- F/G 4:00 Peaches B/C 6:30 Smarter than a teacher Trivia Chapel	9:30 Men Only Day Centre 10:45 Hillbilly Golf B/C 1:30 Current Events Chapel 2:30 Pub Hour Townsquare 3:30 Flip Bingo Day Center
9:30 Java Music Club Library 11:00 Personal Beauty Touch B/C 1:30 Hymn Sing B/C 2:30 Pub Hour Townsquare 3:45 Quizzes Chapel	9:30 Bowling Townsquare 10:45 Golden Moments A - D/E 10:45 Baking B/C 11:30 Diner Club B/C 12:45 Sugar Cookies B/C 1:30 Social Circle A Group Chapel Group B D/E 2:30 Pub Hour Townsquare 3:30 Games Hour Day Center 4:00 Scots B/C4:15 Golden Moments C-Chapel 6:15 Sing A Long B/C 7:00 Celts B/C	9:15 Lassies B/C 10:00 Friendship Circle Chapel 10:45 Hymn Sing B Activity Room 11:00 Celts B/C12:45 Peaches B/C 2:00 Bingo D/E 2:30 Pub Hour Townsquare 3:30 Golden Moments D - F/G 4:00 Buttercups B/C4:15 Highlanders 4:15 Golden Moments C -Chapel 6:30 Who Wants to be a Millionaire Chapel	9:15 Mental Aerobics - Word B/C 10:15 Golden Moments D- F/G 11:15 Lassies B/C 12:45 Golden Moments A - D/E 1:45 Special Event Townsquare 2:30 Pub Hour T/S 3:15 Celts B/C 4:00 Blue Bells B/C4:00 Scots B/C 4:00 Rosary Chapel 6:30 Bingo Day Centre	9:15 Blue Bells B/C 9:30 Personal Beauty Touch Day Center 10:00 Mass Fr.Cyril Chapel 10:00 Highlanders B/C11:00 Sugar Cookies B/C 11:00 Lassies B/C 12:45 Golden Moments A-D/E 1:30 Church Service Chapel 2:15 Church Service B Activity Rm 2:30 Pub Hour T/S 4:00 Horseshoes T/S4:15 Buttercups B/C 6:30 Peaches B/C7:15 Library Service	9:15 Scots B/C9:30 Sing Song T/S 10:15 Buttercups B/C11:00 Blue Bells B/C 11:00 Highlanders B/C12:45 Sugar Cookies B/C 2:00 Kino D/E Dining Room 2:00 Musical Treats B Dining Room 2:30 Pub Hour T/S 4:00 Golden Moments C - Chapel 4:00 Golden Moments D- F/G 4:00 Peaches B/C 6:30 Smarter than a teacher Trivia Chapel	9:30 Men Only Day Centre 10:45 Hillbilly Golf B/C 1:30 Current Events Chapel 2:30 Pub Hour Townsquare 3:30 Flip Bingo Day Center



SHARE YOUR THOUGHTS ON SUGGESTED ACTIVITIES & FEEDBACK IS ALWAYS WELCOMED!! 613-527-2170 Ext.227